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To: CT Children's Mental Health Task Force

From: CMH Task Force CAM and Integrative Sub-Committee

Goal: Introduce holistic, evidence-based, effective, affordable methods for treating:
ADHD (6.8% prevalence)
Behavior/conduct disorders (3.5%)
Mood disorders of depression, anxiety, & bipolar (3.0%)

Folders with information on holistic methods

Treating

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| 1. Brain Balance Centers, Robert Melillo, Neurologist, Professor, Functional Neurology Researcher | ADHD, Autism, Dyslexia, Tourette's |
| 2. Nutrient Therapy, William J. Walsh, PhD, Director, Walsh Research Institute | ADHD, Mood and Behavior Disorders |
| 3. Neurofeedback, Mary Jo Sabo, PhD, LMHC, BCIA, AIBT Biofeedback Consultants, In-School & Private Programs | ADHD, Depression, Anxiety OCD, Dev. Disabilities |
| 4. Fast ForWord Language Programs, Michael M. Merzenich, PhD, Brain Plasticity Researcher, Co-Founder, Scientific Learning | ADHD, Special Ed, At Risk Students |
| 5. Cerebral Electrotherapy Stimulation (CES), Charles Fisher, President and Co-Founder, Fisher Wallace Laboratories | Depression, Anxiety, Insomnia, Chronic Pain |
| 6. Bipolar Nutrient Supplements: EMpowerplus & Equilib, or Customized protocols by Anne Procyk, ND, Third Stone Health | Bipolar Disorder |
| 7. Emotional Freedom Technique (EFT), Jane Percy, BA, CIH, ChT, Director, Riverlight Wellness | Anxiety, Trauma, PTSD |
| 8. ACACD Auriculotherapy (Ear Nerve Stimulation); with Amino Acid Therapy SynaptaGenX developed by Kenneth Blum, PhD | Addiction Recovery |
| 9. Homeopathy Medicine, created by Christian Frederich Samuel Hahnemann, of Neissen, Germany, circa 1790 | All Mental Disorders |
| 10. Holistic Treatment of Psychiatric Crises & Violence, Psychiatrists Peter R. Breggin, MD, and Michael B. Schachter, MD, CNS | Violence, Aggression, Mania |